



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2020 - 2021

School Name & Location Number:	Miami Beach Fienberg Fisher K8 (0761)
Principal:	Maria P. Costa
Phone Number:	305 531- 0419
School Wellness/Healthy School Team Leader:	David P. Hart,Assistant Principal
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Zuleica Pena, Counselor William Barron, P.E. Instructor Janice Bender, Cafeteria Manager
Committee Meeting Dates:	10/20/21; 11/17/21; 01/06/22; 03/04/22; 05/10/22
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Education <input type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition School will promote free breakfast and lunch via Morning Announcements and Connect Ed Messages. Cafeteria will also provide healthy snacks and meals daily to students and staff.</p> <p>Physical Education Physical Education classes will promote exercising via the Aspen Fitnessgram Test. Also, the school utilizes the District Physical Education Pacing Guide.</p>

	<p>Physical Activity Cardiovascular conditioning, Aerobic and Dance exercising. Afterschool programs (activities). Volleyball, Soccer, etc.</p> <p>Health and Nutrition Literacy Designated School Garden (Food Forest) implemented. Cafeteria promotes healthy snacks.</p> <p>Preventive Healthcare Food Nutrition and Health Curriculum incorporated into the Physical Education Program.</p> <p>Heinken Vision Program promoted. Health and Wellness taught.</p>
Community Engagement:	<p>Promotes "Walk to School Day" affiliated with the University of Miami. Promotes Bike to School which includes bicycle safety awareness. Utilizes city park to promote bicycle safety with Miami Beach Police Department and the University of Miami and various bicycle companies.</p>
Monitoring and Evaluation:	<p>Committee sign-in-sheets Monthly review of Activities.</p>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<p>School-wide monitoring of Food Forest. Weekly Classroom Food Forest visits.</p>